

# DAY ONE, FRIDAY

Singapore Palliative Care Conference 2008 | 29 AUGUST | RELC International Hotel

## REGISTRATION

Opens at 8.00

## OFFICIAL OPENING

8.45 – 9.00

8.20 – 8.40

Arrival of Delegates & Guests

8.45 – 8.50

**Welcome Address**

### Dr Jaan Yang KOK

Chairman, Singapore Palliative Care Conference 2008  
& Chairman, Training & Research Committee, Singapore Hospice Council

8.50 – 9.00

**Official Opening Address**

### Mr Heng Chee How

Minister of State  
Prime Minister's Office

## PLENARY SESSION

9.00 – 10.30

Chair:

### A/Prof Cynthia GOH

Senior Consultant & Head,  
Department of Palliative Medicine  
National Cancer Centre, Singapore

9.00 – 9.45

## PLENARY 1

**Respecting Choices: Dignity –  
The Essence of Medicine**

### Professor Harvey Max CHOCHINOV

Canada Research Chair in Palliative Care,  
Faculty of Medicine  
University of Manitoba, Canada

9.45 – 10.30

## PLENARY 2

**Respecting Choices: From Bitter  
to Bittersweet: Resilience &  
Transformation from Grief and  
Bereavement**

### Professor Cecilia CHAN

Si Yuan Professor,  
Department of Social Work & Administration  
The University of Hongkong, Hongkong

10.30

Morning Tea break

## SYMPOSIUM 1

11.00 – 12.30

**Challenges in Palliative Care:  
Grasping the Intangible**

Chair:

### A/Prof Weng Sun PANG

Chairman, Medical Board and Senior  
Consultant, Dept of Geriatric Medicine,  
Alexandra Hospital

11.00 – 11.45

**The Experiential Landscape  
of Terminal Illness**

### Professor Harvey Max CHOCHINOV

Canada Research Chair in Palliative Care,  
Faculty of Medicine  
University of Manitoba, Canada

11.45 – 12.30

**Measuring the Unmeasurable:  
Grief and Bereavement**

### Professor Cecilia CHAN

Si Yuan Professor,  
Department of Social Work & Administration  
The University of Hongkong, Hongkong

12.30

Lunch & Poster Viewing/Judging

## CONCURRENT SESSIONS

2.00 – 3.30

## SESSION 1

**Evolving Roles in Nursing Practice**

Chair:

### Ms Sylvia LEE

APN, Dover Park Hospice

2.00-2.45

**Palliative Advanced Practice Nurse  
–Brave New World**

### Ms Catherine TEO

APN, National University Hospital

2.45-3.30

**Evidence-Based Practice vs  
Practice-Based Evidence**

### Mr Edward POON

Director of Nursing, Dover Park Hospice

## CONCURRENT SESSIONS

2.00 – 3.30

## SESSION 2

**Evolving Roles in Palliative Care for  
Complementary Therapies**

Chair:

### Dr Jaan-Yang KOK

Chairman, Training & Research Committee,  
Singapore Hospice Council

2.00-2.30

### Acupuncture

### Dr Jaan-Yang KOK

Chairman, Training & Research Committee,  
Singapore Hospice Council

2.30-3.00

### Traditional Chinese Medicine

### Dr Yong Peng SWEE

CEO, ParkwayHealth Primary Care Network

3.00-3.30

### Music Therapy

### Ms Melanie KWAN

Locum Music Therapist, Dover Park Hospice

## SESSION 3

**Evolving Roles for Palliative Care  
Services**

Chair:

### Dr Angeline SEAH

Consultant, Dept of Geriatric Medicine,  
Alexandra Hospital

2.00-2.45

**Dying in Hospital: Not Always a  
Failure?**

### Dr Huei Yaw WU

Consultant, Dept of Geriatric Medicine  
Tan Tock Seng Hospital

2.45-3.30

**Inpatient Hospices: Staying  
Relevant in Changing Times**

### Dr Yew Seng TAN

Medical Director, Assisi Hospice

3.30

Afternoon Tea break

## SYMPOSIUM 2

4.00 – 5.00

**Challenges in Palliative Care  
(Case-Based Discussion): Should  
We or Should We Not? Managing  
Difficult Pain – Choosing between  
Opioid Rotation and Interventional  
Procedure**

Facilitator and Chair:

### Dr Noreen CHAN

CEO/Medical Director, Dover Park Hospice

Speakers:

### Dr Allyn HUM

Associate Consultant,  
Dept of Geriatric Medicine  
Tan Tock Seng Hospital

### Dr Michelle TAN

Consultant, Pain Management Centre  
Singapore General Hospital

5.15

End of Day One

# DAY TWO, SATURDAY

Singapore Palliative Care Conference 2008 | 30 AUGUST | RELC International Hotel

## REGISTRATION

Opens at 8.00

## CONCURRENT SESSIONS

9.00 – 10.30

### SESSION 4

**Mainstreaming Psychosocial Care: For whom, and by whom?**

Chair:

**Ms Tzer Wee NG**

Sr Medical Social Worker,  
Dept of Care & Counselling,  
Tan Tock Seng Hospital

9.00-9.45

**Spiritual Care**

**Ms Lay Lin CHAN**

Manager, TRANS Centre

9.45-10.30

**Bereavement Care**

**Professor Cecilia CHAN**

Si Yuan Professor,  
Department of Social Work & Administration  
The University of Hongkong, Hongkong

### SESSION 5

**Mainstreaming Non-Cancer Palliative Care: When & How?**

Chair:

**Dr James LOW**

Senior Consultant and Head,  
Dept of Geriatric Medicine  
Alexandra Hospital

9.00-9.45

**When do Chronic Diseases become Palliative?**

**Dr Angel LEE**

Senior Consultant, Dept of Geriatric Medicine,  
Tan Tock Seng Hospital

9.45-10.30

**Dementia Palliative Care**

**Dr Philip YAP**

Consultant, Dept of Geriatric Medicine  
Alexandra Hospital

## CONCURRENT SESSIONS

9.00 – 10.30

### SESSION 6

**Mainstreaming Palliative Care in the Community**

Chair:

**Mr Edward POON**

Director of Nursing, Dover Park Hospice

9.00-9.30

**End-of-Life Care in Nursing Homes**

**Dr Noreen CHAN**

CEO/Medical Director, Dover Park Hospice

9.30-10.00

**Dying to go Home**

**Dr R AKHILESWARAN**

CEO & Medical Director, HCA Hospice Care

10.00-10.30

**Primary Palliative Care: An Old Idea Whose Time Has Come?**

**Dr Poh Heng CHONG**

Senior Registrar  
HCA Hospice Care

10.30

Morning Tea break

## SYMPOSIUM 3

11.00 – 12.30

**Challenges in Palliative Care (Case-Based Discussion): Mad, Sad or Bad? Distinguishing between Depression, Demoralisation and Personality**

Facilitators:

**Dr Jaan Yang KOK**

Chairman, Training & Research Committee,  
Singapore Hospice Council

**Ms Sylvia LEE**

APN, Dover Park Hospice

**Panel Discussants:**

**Dr Joshua KUA**

Consultant Psychiatrist,  
Institute of Mental Health

**Sr Geraldine TAN**

Administrator, St Joseph's Home Singapore

**Mrs Lay Beng LEE**

Manager, Dept of Care & Counselling  
Tan Tock Seng Hospital

Advisor:

**Professor Harvey CHOCHINOV**

Canada Research Chair in Palliative Care,  
Faculty of Medicine  
University of Manitoba, Canada

12.30

Lunch & Poster Viewing/Judging

## CONCURRENT SESSIONS

2.00 – 3.30

### SESSION 7

**Difficult Ethical Issues**

Chair:

**Dr R AKHILESWARAN**

CEO & Medical Director, HCA Hospice Care

2.00-2.45

**Palliative Sedation**

**Dr Lalit KRISHNA**

Consultant, Dept of Palliative Medicine  
National Cancer Centre Singapore

2.45-3.30

**Advance Care Planning**

**A/Prof Jing Jih CHIN**

Senior Consultant, Dept of Geriatric Medicine  
Tan Tock Seng Hospital

### SESSION 8

**Difficult Clinical Issues**

Chair:

**Dr Khin Khin WIN**

Consultant Physician, Palliative Medicine  
The West Medical Group Singapore

2.00-2.45

**The Difficult Patient**

**Dr Rosalie SHAW**

Executive Director, Asia Pacific Hospice &  
Palliative Care Network

2.45-3.30

**Working with Challenging Families**

**Mr Gilbert FAN**

Manager, Dept of Psychosocial Oncology  
National Cancer Centre Singapore

3.30

Afternoon Tea break

## PLENARY SESSION

4.00 – 4.45

### PLENARY 3

**Respecting Choices: Are we Ready for the Challenge?**

**A/Prof Cynthia GOH**

Senior Consultant and Head,  
Department of Palliative Medicine,  
National Cancer Centre Singapore

Chair:

**Dr Nien Yue KOH**

Consultant, Dept of General Medicine  
Tan Tock Seng Hospital

4.45

Presentation of Best Poster Awards

4.50

Closing Remarks

**Dr Jaan Yang KOK**

Chairman, Singapore Palliative Care  
Conference 2008  
& Chairman, Training & Research Committee,  
Singapore Hospice Council

5.00

End of conference